RUGBY LIFE OF GETHIN

Gethin was the cornerstone of the Lions pack in 2005 and will be looking to add to the three Test caps he won in New Zealand. He made seven appearances on New Zealand soil and was named as captain three times — once in Wellington, once in Christchurch and once in Auckland.

In 2006, Gethin was again named in the Lions team for the New Zealand tour, and once again proved to be an integral member of the tour. He captained the Lions in Wellington and played a key role in the team’s victory over the Provincial Barbarians.

In 2007, Gethin was part of the Welsh team that won the World Cup, and he captained the team in their victory over France in the final. He was also a key member of the team that won the Grand Slam in 2005 and 2008.

OFF THE CUFF

First Picked up Rugby ball? When I was 11
First Team? Beddau RFC U13’s
First Position? Flanker
First Trophy? Derwar Shield with Pontypridd Schools U15
First Rugby Hero? Neil Jenkins (Wales)
First Rugby Autograph? Don’t think I ever did
Most Influential Coach? Steve Hansen
Key Career Moments? Being selected for the 2005 Lions tour
Toughest Opponent? Carl Haymans (New Zealand)
Best Part of being a Pro? Running out in front of 70,000+ for a Test match
Worst Part? Repetitive rugby training

BORN: 17/11/1980
Cardiff, Wales
Ht: 1.88m (6ft 2in)
Wt: 118kg (18st 8lb)

RUGBY FACTS

TEAM P W D L T C P DG PTS
Wales 46 29 2 17 3 0 0 15
Lions Overall 7 1 0 4 1 0 0 5

AMAZING

Picked up the Cardiff Damsel rugby supper side cup in 1998 Grand Slam season.
Won the 2005 Wales Under 21 Players’ Player of the Year.
In Wales’ heaviest match capped himself with 56 appearances.
Captured Wales for the first time against South Africa after the Grand Slam in 2005.
ADAM RHYS JONES

Position
Prop

Country / Club
Wales / Ospreys

Test Caps
Wales 56 (46-0)

Test Points
Wales 5 (1T)

Test Debut
Wales v England 43 23/08/2003 at Millennium Stadium

Test Record
Wales 56 (46-0) Test Points Wales 5 (1T)

Test Debut
Wales v England 43 23/08/2003 at Millennium Stadium

RUGBY LIFE OF ADAM
Adam launched his career at Neath and had three seasons with them before merging into the Ospreys when Welsh rugby went regional in 2003. Helped the Ospreys win the Whooley Cup and the IRB Energy Cup. He topped 100 appearances for the Ospreys this season. He made his Test debut for Wales in South Africa when part of the Welsh team at the inaugural RWC World Cup in 2002. Wales crashed fourth and Jones helped alongside fellow Lions Mike Phillips. He made his Wales debut as a replacement against England in 2003 and became the first choice tight head prop at the 2003 World Cup, starting in the epic clashes with New Zealand and England in the tournament. Started all games in Wales’ 2005 and 2008 Grand Slam campaign. Featured in all three Guinness Pro12 games in the 2010-11 campaign at the Millennium Stadium in November, 2010.

AMAZING
Rides a Harley Davidson motorbike.
Affectionately known as one of the ‘Hair Bears’ because of his long curly hair.
His prop partner for Ospreys and Wales, Duncan Jones, is the blonde in the partnership.
Was one of a record six Joneses who lined-up for Wales against South Africa in Cardiff in 2004 – Stephen, Duncan, Steve, Adam, Dafydd, Ryan.
Weighed more than 20 stones for much of his playing career.
Put in 200 extra fitness sessions this season to get fit for Lions.

OFF THE CUFF
First Picked up Rugby ball?
Aged 7

First Team?
Penycae Primary School

First Position?
Openside flanker

First Trophy?
Maesydderwern Comprehensive U11’s

First Rugby Hero?
Olo Brown (New Zealand)

First Rugby Autograph?
Richard Webster (Swansea, Wales and Lions)

Most Influential Coach?
Lyn Jones, Sean Holley, Jon Humphreys (Ospreys)

Key Career Moment?
Winning Grand Slams in 2005 and 2008

Toughest Opponent?
Tony Woodcock (New Zealand)

Best Part of being a Pro?
Getting paid to travel and play in front of big crowds

Worst Part?
Not a lot

Where Were You in 1997?
Watching down the club with the boys

Born:
08/03/1981 Abercrave, Wales

Ht:
1.83m (6ft 0in)

Wt:
127kg (20st 0lb)

RUGBY FACTS

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THE BRITISH & IRISH LIONS TOUR 2009
www.lionsrugby.com
ALUN-WYN JONES

Position: Lock
Country / Club: Wales / Ospreys
Test Caps: Wales 31 (29-2)
Test Points: Wales 20 (94)
Test Debut: Wales 23 vs. 25 Argentina (25.06.2006 in Puerto Madryn)
Test Record: 6 6 0 0 0 0 0

RUGBY LIFE OF ALUN-WYN

Alun-Wyn was voted the Principality Premiership Best Newcomer at the end of the 2005/06 season while playing for Swansea. He received his award in Argentina after playing for Wales U21 and won his first cap as a blindside flanker for the ages of 25. He moved to Ireland with his former Swansea team mates, Andy Powell and Andrew Porter, to attend Llandovery College and played 10 league games for Ospreys, helping the 18-year-old side to a Grand Slam and won his first cap as a blindside flanker for the ages of 25. He continued his promising career at Swansea while playing for Wales U21 and played 10 consecutive games for the Welsh side. In 2006, he was a professional at the age of 19 and was capped by the Ospreys. He helped his side to win the Magners League in 2007 and the EDF Energy Cup in 2008. He scored two tries in the first time in the 2009 RBS 6 Nations, leading his side to victory over Italy in Rome.

RUGBY FACTS

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OFF THE CUFF

First Picked up Rugby ball? In junior school
First Team? Mumbles U9's, Brynmawr U11's
First Position? No 8
First Try? First try vs. Scarlets U15
First Rugby Hero? John Eales (Australia) and Martin Johnson (England)
First Rugby Autograph? John Eales
Key Career Moment? Winning my first Welsh cap
Best Part of being a Pro? Winning
Worst Part? Losing
Where Were You in 1997? Primary school

BORN 19/09/1985
Swansea, Wales
Ht: 1.98m (6ft 6in)
Wt: 119kg (18st 10lb)

---

AMAZING

Completed A levels in Glasgow while playing for Wales at the BRU U21 World Cup
Earned a EU4 sports scholarship to the centre of Swansea University’s Elite Athletes
Is not to complete his first degree in Swansea University this summer; when he will be Welsh captain the current Ospreys team comprises James Hook, Dan Evans and Richard Hibbard in Pwllheli, Wales

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THE BRITISH & IRISH LIONS TOUR 2009

PLAYER PROFILE

ALUN-WYN JONES

FACT FILE

ALUN-WYN JONES

www.lionsrugby.com
**RUGBY LIFE OF STEPHEN**

Stephen made his Test debut as a replacement in Wales’ record defeat against the Springboks in Pretoria in 1998 and has gone on to become his country’s third highest points scorer. He played in all three Tests against South Africa in 1999, but it was his omission for his first Test after South Africa’s victory in Pretoria in 2000 that prompted some elements of Welsh rugby to call for a full-size Grand Slam. He has started 66 games at fly half for Wales, equalling Neil Jenkins.

He is the 12th highest points scorer in international rugby history.

He played under 15 different Welsh captains and nine coaches in his career.

**AMAZING**

He is planning to open a restaurant with Dwayne Peel in Llanelli next year.

Has a share in a horse called Ski Sunday with Regan King, Simon Easterby and Stuart Gallacher.

Voted best fly half in French rugby at the end of his first season at ASM Clermont Auvergne by the French media.

Win only once in five outings with the Lions in 2005, against Wellington.

He has started 16 games at outside for Wales, including four in a row.

He is the 12th highest points scorer in international rugby history.

Played under 15 different Welsh captains and nine coaches in his career.

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**RUGBY FATS**

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<td>2</td>
<td>6</td>
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**OFF THE CUFF**

**First Team?** Narberth RFC

**First Position?** Fly half

**First Rep team?** Dyfed County Schools

**First Rugby Hero?** Ieuan Evans (Wales)

**Key Career Moment?** Winning Grand Slam in 2005

**Best Part of being a Pro?** Getting to travel

**Worst Part?** Injuries

**Where Were You in 1997?** Playing Cricket for my local team
**ROB KEARNEY**

**Position:** Fullback  
**Country / Club:** Ireland / Leinster

**Test Caps:** Ireland 26 (15+1)  
**Test Points:** Ireland 20 (1T, 1C)

**Test Debut:** Argentina 16 Ireland 0 (02/06/2007 in Buenos Aires)  
**Lions Test Debut:** Australia 13, Lions 29 (30/06/2001 in Brisbane)

**Test Record v SA:** No Games

---

**RUGBY LIFE OF ROB**

Rob is equally at home at wing or full back and earned a professional contract at Leinster having played for Ireland Schools and Ireland U19. He attended the same college as Brian O’Driscoll, Tommy Bowe, and Jamie and Ireland and Lions team-mate Gordon D’Arcy. He was one of the key players of the U19 Ireland team that narrowly lost to Australia in the World Cup Final in 2004, and was one of the young players that made their test debut in 2007. But he had to wait until the summer of 2007, on the tour to Argentina, before winning his first cap as a wing. His first taste of RBS 6 Nations action came as a replacement centre against Italy at Croke Park in 2008 and he figured in all five games that season. He notched his first test try in a home win over Scotland and then grabbed another in a defeat against England at Twickenham. He helped Ireland win the Magners League in 2008, playing in 14 games, and was part of the team that beat the Colombian University at the Hong Kong Sevens this year. Rob started all five games at full back in Ireland’s Grand Slam campaign in 2009.

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**RUGBY FACTS**

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**OFF THE CUFF**

**First Team:** Dundalk RFC  
**First Position:** Flanker  
**First Trophy:** Nat West 15s  
**First Rep team:** Leinster U18  
**First Tour:** To Australia with Schools team  
**First Rugby Hero:** Christian Cullen  (New Zealand)  
**First Rugby Autograph:** Keith Woods  (Ireland and Lions)  
**Most Influential Coach:** Adam Lewis  
**Key Career Moment:** First Ireland cap  
**Toughest Opponent:** New Zealand  
**Best Part of being a Pro:** Playing in big matches at big venues  
**Worst Part:** Injuries  
**Where Were You in 1997:** At home glued to Sky Sports

---

**Born:** 26/03/1986  
**Dublin, Ireland**  
**Ht:** 1.85m (6ft 1in)  
**Wt:** 90kg (14st 2lb)  

---

**AMAZING**

He scored a hat-trick of tries on his Leinster debut in a friendly against Parma.

He was a highly competent Gaelic footballer at St Brigid’s (under 16 age group) and good enough to be picked for the Irish Schools team.

---

**FACT FILE ROB KEARNEY**

**Position:** Fullback  
**Country / Club:** Ireland / Leinster

**Test Caps:** Ireland 26 (15+1)  
**Test Points:** Ireland 20 (1T, 1C)

**Test Debut:** Argentina 16 Ireland 0 (02/06/2007 in Buenos Aires)  
**Lions Test Debut:** Australia 13, Lions 29 (30/06/2001 in Brisbane)

**Test Record v SA:** No Games

---

**OFF THE CUFF**

**First Team:** Dundalk RFC  
**First Position:** Flanker  
**First Trophy:** Nat West 15s  
**First Rep team:** Leinster U18  
**First Tour:** To Australia with Schools team  
**First Rugby Hero:** Christian Cullen  (New Zealand)  
**First Rugby Autograph:** Keith Woods  (Ireland and Lions)  
**Most Influential Coach:** Adam Lewis  
**Key Career Moment:** First Ireland cap  
**Toughest Opponent:** New Zealand  
**Best Part of being a Pro:** Playing in big matches at big venues  
**Worst Part:** Injuries  
**Where Were You in 1997:** At home glued to Sky Sports

---

**Born:** 26/03/1986  
**Dublin, Ireland**  
**Ht:** 1.85m (6ft 1in)  
**Wt:** 90kg (14st 2lb)  

---

**AMAZING**

He scored a hat-trick of tries on his Leinster debut in a friendly against Parma.

He was a highly competent Gaelic footballer at St Brigid’s (under 16 age group) and good enough to be picked for the Irish Schools team.
LEE ANDREW MEARS

Position: Hooker
Country / Club: England / Bath
Test Caps: England 34 (16+18)
Test Points: England 1 (1T)

RUGBY LIFE OF LEE
Lee finally nailed down the England hooking role after a three year period in which 18 of his first 21 caps were as a replacement. But from March 2008 he became a regular starter and has been given the opportunity to develop as the country’s best hooker. Was in the same England U15 Schools side that produced a Grand Slam and went unbeaten on tour to Australia in 1997 as Jonny Wilkinson, Andrew Sheridan, and current England captain Steve Borthwick. Also played for England U16s, U18s and U21s. Played in the Heineken Cup final in 1998 and the World Cup in New Zealand and then featured in three Churchill Cups with England A. He moved to Bath in 2003 and was runner-up in the Guinness Premiership with the English side in 1997. After leaving Collett’s School, where he was taught in the classroom and on the field, he rescued and England coach Andy Robinson. Helped Bath win the European Challenge Cup in 2008 and was part of the team that reached the second finals of the Guinness Premiership the season.

AMAZING
He loves to cook for his wife and once went to a Cookery School in Bath.
He is also keen on flying and is taking lessons.

RUGBY FACTS

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OFF THE CUFF
First Picked up Rugby ball?: At a family BBQ
First Team?: Torquay (Tics)
First Position?: Hooker
First Trophy?: Devon Cup with Paignton Primary School

First Rugby Autograph?: Richard Hill (Saracens, England and Lions)
Most Influential Coach?: Mike Foley (Bath and Australia)
Key Career Moment?: First England cap

Best Part of being a Pro?: Getting paid for something you’d gladly do for free
Worst Part?: Training in the wet and cold

Where Were You in 1997?: On holiday in the Maldives

LEEDS MARAS
RUGBY LIFE OF UGO
At the start of the season Ugo spent five draining days lying on his back being fed by his flatmate through a straw because of a problem with a bulging disc in his back. His powers of recovery, aided by Pilates, were such that he finally made his England debut against the Pacific Islanders two months later. Lightning quick – he has a best time over 100 metres of 10.65 sec – he was good enough to win his first cap for the Lions and help Harlequins reach the quarter-finals of the Heineken Cup and knock-out stages of the Guinness Premiership.

AMAZING
His cousin, Jude Monye, won an Olympic silver medal at Atlanta in 2000 in the 4 x 400 Nigerian relay team.

He was in the same house at Lord Wandsworth College, Hampshire, as Jonny Wilkinson – Sutton House.

Hong Kong Sevens winner with England.

Position
Wing

Country / Club
England / Harlequins

Test Caps
England 6 (6+0)

Test Points
England 5 (1T)

Test Debut
England 39, Pacific Islanders 13 (08/11/2008 at Twickenham)

Test Record v SA
P1 L1

TEST RECORD
TEAM P W D L T C P DG PTS
England 6 1 0 3 1 0 0 5
Lions Tests 0 0 0 0 0 0 0 0
Lions Overall 0 0 0 0 0 0 0 0

OFF THE CUFF
First Picked up Rugby ball?
Age 13 at Lord Wandsworth College

First Team?
Alton RFC, Hampshire

First Position?
Wing

First Trophy?
Sevenoaks 7-a-side with School Under 15s

First Rep team?
Hampshire U17

First Tour?
To South Africa with School team age 17

First Rugby Hero?
Jonah Lomu (New Zealand)/Rory Underwood (England / Lions)

First Rugby Autograph?
Dan Luger (England / Lions)

Most Influential Coach?
John Kingston (Harlequins)

Key Career Moments?
Getting contract with Harlequins and winning first England cap

Best Part of being a Pro?
Being able to achieve something you’ve always wanted

Worst Part?
Early mornings and tiredness and soreness after games

Where Were You in 1997?
Watching at school

Born:
13/04/1983
London, England
Ht:
1.88m (6ft 2in)
Wt:
95kg (14st 13lb)
Euan helped Northampton Saints reach the semi-finals of the EDF Energy Cup and the final of the European Challenge Cup this season. He signed a new three-year deal with the club in 2008 and will keep him at Franklin’s Gardens until 2012. Played for Scotland U18, U19 and U21, playing in the EDF Energy Cup in 2000 and two Senior Under-23 tournaments. He played for Scotland against the Barbarians in May, 2005 in an unpaired match before making his Test debut a month later in Bucharest against Romania. His career almost came to an abrupt end in September that year when he sustained a serious injury playing for Glasgow against Munster in the Magners League. He had surgery to repair a compound fracture in his pelvis and his team mates arranged for his salary. He had a top month off after that Collision with Anthony Morgan’s knee because he was suffering from the symptoms of vertigo. He made that tearfully experience as a turning point in his life.

He is an accomplished piano player. He hold of Becoming A full-time professional rugby as a career highlight.

AMAZING

Born: 07/08/1980
Glasgow, Scotland
Ht: 180cm (6ft 1in)
Wt: 118kg (18st 8lb)

Position: Prop
Country / Club: Northampton Saints
Test Caps: Scotland (27+1)
Test Points: Scotland (27+1)

Test Debuts: Romania 39 Scotland 39 (05/04/2005 in Bucharest)
Test Record: Scotland 28 (27+1) 10 (2T)
Test Debut: Romania 39 Scotland 39 (05/04/2005 in Bucharest)
Test Record v SA: P2 L2

RUGBY FATS

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OFF THE CUFF

First Picked-up Rugby Ball? Clarkston RFC, Glasgow
First Team? Clarkston U12s
First Position? Centre
First Trophy? 1992 Digital Tournament (at 12)
First Rugby Autograph? Never asked for one
Key Career Moment? Getting severely concussed in September 2005
Toughest Opponent? Olivier Milloud (France)
Best Part of being a Pro? Lots of free time
Worst Part? Always too tired to do anything with free time
Where Were You in 1997? Watching at family home Chapleton

WHERE WERE YOU IN 1997? Watching at family home Chapleton